

Off the track horses: 'Life After Racing'

Health, Nutrition, Supplement use & Management of the off the track racehorse

Presented by Camilla Whishaw BHSc (Nat)- Equine Naturopath, Nutritionist and Herbalist of Optim Equine

Wednesday November 6th from 6pm @ Kyalami Equestrian Centre

Off the track racehorses are a highly popular choice of mount. And for very good reason! Their versatility, intelligence, athleticism and scope makes them well suited to many different equestrian pursuits.

For the owner or rider considering taking on a retired racehorse, careful thought and planning should go into ensuring that making the transition from the life of a racehorse to the next phase of the horse's career is as smooth as possible. Some of the biggest considerations need to be given to changes in the horse's diet, routine and optimising health parameters. Equipping yourself with knowledge and enlisting the help of suitably qualified professionals can help to realise your horse's full potential.

Join us on Wednesday November 6th from 6pm, where Camilla Whishaw (equine naturopath, nutritionist and herbalist) will take us through an initial consultation process of an off the track racehorse. She will assess the horse and put in place a program to best help its nutritional and health needs and make for a smooth transition to its new career.

You will learn:

- Some of the most important health and dietary considerations in off the track racehorses
- How to best feed the off the track horse in their new career
- Formulating a balanced diet for the off the track racehorse
- How to help these horses 'let down'
- Helping promote good gastrointestinal (GI) health in off the track horses
- The role diet plays in behaviour and retraining
- Specific health considerations in the racehorses transitioning to their new career
- The use of supplements which may help racehorses transitioning to their new career

From 7pm, following the consultation, Camilla will lead an informative presentation/discussion on all things health, feeding and the use of supplements in these horses. Questions are encouraged as we want to help you best help your horse.

Cost is \$60 to attend the consultation and/or the presentation alone.

For more information on the evening, please contact Anita on 0438 674 849

Camilla will be available for consultations on the day prior to 6pm. These will need to be booked in advance. For more information on the process of the consultation and/or to book your horse in, please contact Camilla on: 0499 256 316 or camilla@optimequine.com